

# Family Camp Menu 2023

## **Sunday Breakfast**

Buttermilk Pancake station

Choice of:

Regular, chocolate chip, blueberry

Whip cream, chocolate syrup & pancake syrup

Homestyle sausage patties

Scrambled eggs

Assorted fruit

Cold cereal

Juices & yogurts

## **Sunday Lunch**

Chicken Parmesan

Penne pasta

marinara/ alfredo sauce

Fresh vegetable

Garlic bread

Caesar salad

## **Sunday Dinner**

Carved roast turkey with gravy

Smoked applewood ham

Homemade stuffing

Mashed potatoes

Caramelized onions

Buttered baby sweet peas

Corn bread

Apple cobbler & ice cream

**Monday Breakfast**

Spinach & cheese frittata/ scrambled eggs

Home fries

Hickory smoked bacon

Assorted fruit

Bagels & breads

Cold cereal

Juices & yogurts

**Lunch**

Grilled angus hamburgers

Grilled country sausage

Fixings bar:

Bacon, sauteed mushrooms & onions, lettuce tomatoes, red onion,  
assorted cheeses, pickles & rolls

Watermelon & feta salad

Baked beans

**Dinner**

Carved roast beef

Basa scampi

Rice pilaf

Roasted zucchini & yellow squash

Braised beets

“Too much” chocolate cake

**Tuesday Breakfast**

Peaches and cream croissant bake

Scrambled eggs

Maple sausage links

Assorted fruit

Bagels & breads

Cold cereal

Juices & yogurts

**Lunch**

Greek meatballs

Fixings:

Shredded lettuce, diced tomatoes and onions, feta cheese

Mediterranean rice

Cucumber salad

Chickpea salad

pita breads

Tzatziki sauce

**Dinner**

Marinated BBQ chicken

Smokey spare ribs

Ranch cut potatoes

Corn on the cob

French cut green beans

S'mores tarts

### **Wednesday Breakfast**

Belgian waffle station

Fixings bar

Blueberry compote, strawberry compote, waffle syrup, chocolate chips,  
whip cream, chocolate syrup

Crustless quiche lorraine

Grilled kielbasa

Assorted fruit

Bagels & breads

Cold cereal

Juices & yogurts

### **Lunch**

Sliders - Pulled chicken, Pulled pork

Old fashioned potato salad

Cole slaw

Tossed salad

Cookies

### **\*Women's Luncheon**

*Appetizer platters on table:*

*Cajun spinach cakes, lions mane crab cakes, prosciutto wrapped melon  
deviled eggs*

*Salad: orange honey pecan salad*

*Main course: petite sliced steak over creamy polenta with a rich demi  
glace, rotates vegetables*

*Dessert: white chocolate creme brule*

### **Dinner**

Carved herb encrusted roast loin of pork

Tilapia fresca

Baked sweet potatoes

Braised broccoli

Honey glazed carrots

Orange creamsicle cake & ice cream bar

**Thursday Breakfast**

Eggs benedict/ scrambled eggs

Canadian bacon

Hash browns

Assorted fruit

Bagels & breads

Cold cereal

Juices & yogurts

**Lunch**

Breaded chicken tenders/grilled chicken tenders

Mac N cheese

Tossed salad

Broccoli salad

**Dinner**

Buttermilk fried chicken

Cajun catfish

Hush puppies

Braised cauliflower

Roasted corn

Red velvet cake

### **Friday Breakfast**

Shirred eggs/ scrambled eggs

Chicken sausage patties

Shredded hash brown mix up

Baked oatmeal with fixings

Assorted fruit

Bagels & breads

Cold cereal

Juices & yogurts

### **Lunch**

Fresh home made pizzas

Chicken wings with assorted sauces

House-made potato chips

Farmers salad (diced tomatoes cucumber & red onion)

### **Dinner**

Chicken teriyaki

Sliced pork with garlic sauce

Fried rice

Steamed edamame

Unrolled vegetable egg roll

Carrot cake

**Saturday Breakfast**

Omelet station

Broccoli, peppers, onions, bacon, ham, cheese

Applewood smoked bacon

Home fries

Assorted fruit

Bagels & breads

Cold cereal

Juices & yogurts